



NHS

West Hertfordshire
Teaching Hospitals
NHS Trust

Breastfeeding Workshop

Watford

&

Hemel Hempstead *New class!*

First time or experienced, you are welcome to join our breastfeeding classes. Have you thought about feeding your soon to be baby?

The *Infant Feeding Team* at West Herts Teaching Hospitals Trust are proud to offer a 2 hour breastfeeding workshop.

We aim to help you understand breastfeeding basics and answer your questions. Ideal booking is from 32 weeks gestation onwards.



Sign up

Password: Breastfeeding